

A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals

Curriculum Description:

This training curriculum is based on *A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals*, published by the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA). The curriculum was created to "translate" *A Provider's Introduction* into a training experience with visual aids and opportunities for discussion and practice.

The curriculum is intended to provide both practitioners and administrators involved in substance abuse treatment with:

- Increased familiarity with the issues and barriers faced by lesbian, gay, bisexual, and transgender (LGBT) persons in need of substance use disorder-related services
- Knowledge about the interaction between LGBT issues and substance use and abuse
- Enhanced ability to offer sensitive, affirmative, culturally relevant, and effective treatment to LGBT clients in substance use disorders treatment.

Acknowledgements:

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- Anne Helene Skinstad, PhD, Project Director
- Candace Peters, MA, CADC, Director of Training
- Jennifer Kardos, MA, Instructional Designer

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Technical guidance and program direction by Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, were provided by: Edwin Craft, DrPh, MED, LCPC
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Master Trainer:

Thomas E. Freese, Ph.D.

Director, Pacific Southwest Addiction Technology Transfer Center, and Director of Training, UCLA Integrated Substance Abuse Programs

"Training of Trainers" Schedule:

2008:

- **May 19-20: Minneapolis, Minnesota**

2009:

- **March 17-19: Pasadena, California**
- **October 20-22: San Antonio, Texas**
- **November 16-18: Rockville, Maryland**

2010:

- **February 8-10, Denver, Colorado**
- **March 17-19: San Juan, Puerto Rico**
Bi-lingual training, Spanish/English
- **March 24-26: Charleston, South Carolina**
- **May 19-21: Portland Maine**

Pre-training Expectations: Participants will be asked to complete a electronic "pre-training notebook" prior to the scheduled Training of Trainers event, to include:

- Adult Learning
- Training Style Inventory (TSI)
- Learning Modalities
- Journal Articles
- Curriculum Training Guide
- Original SAMHSA Publication

The curriculum will not be presented verbatim during the training of trainers event as it is extensive. Participants are expected to have reviewed the materials prior.

Post-training Expectation: Participants will engage in a learning community in collaboration with Prairielands ATTC and will work with their respective ATTC in delivering the training.

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Trainer Qualifications:

This curriculum was designed to be offered by experienced substance abuse treatment trainers. This training confronts what are often controversial issues in our society about sexual orientation and gender identity, and trainers need to have experience facilitating discussion and response, handling dissent, and mediating differing opinions and attitudes.

All trainers should be thoroughly acquainted with the curriculum and the textbook before offering this training.

The ideal setup is to have a team of at least two trainers where one is an openly identified LGBT professional who is comfortable presenting these issues without taking trainees' opinions and lack of knowledge personally, and the other is a heterosexually identified colleague who is familiar with LGBT issues and adept at offering effective interventions to the LGBT population.

Trainers should be aware that in offering LGBT training in this and other areas of health and human services, they may encounter religious or moral objections to homosexuality. Although trainers need to respect trainees' religious and moral views, it is important to remain committed to providing accurate information about LGBT persons and increasing provider sensitivity about and affirmation of LGBT persons' identities, concerns, and right to respectful and supportive substance abuse treatment services. Trainees who are unable to tolerate this perspective may not be appropriate candidates for this training.



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Curriculum Modules

Overview of Treatment Approaches, Modalities, and Issues of Accessibility:

1. An Overview for Providers Treating LGBT Clients
2. Cultural Issues in Working with LGBT Individuals
3. Legal Issues for Programs Treating LGBT Clients
4. Overview of Treatment Approaches, Modalities, and Issues of Accessibility in the Continuum of Care

Clinician's Guide

5. The Coming out Process for Lesbians and Gay Men
6. Families of Origin and Families of Choice
7. Clinical Issues with Lesbians
8. Clinical Issues with Gay Male Clients
9. Clinical Issues with Bisexuals
10. Clinical Issues with Transgender Individuals
11. Clinical Issues with Youth
12. Related Health Issues
13. Case Examples: Counselor competence in Treating LGBT Clients

Program Administrator's Guide

14. Policies and Procedures
15. Training and Education
16. Quality Improvement and LGBT Clients
17. Using Alliances and Networks to Improve Treatment for LGBT Clients

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Prairielsands
Addiction Technology
Transfer Center

Training of Trainers

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First Edition



For more information, contact:

Prairielsands ATTC

http://www.attcnetwork.org/regcenters/index_prairielsands.asp tele: 319.335.5368

or

contact your regional ATTC at

www.attcnetwork.org

This training is supported by the Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment.

 **Prairielsands ATTC** Unifying science, education and services to transform lives.
Addiction Technology Transfer Center Network